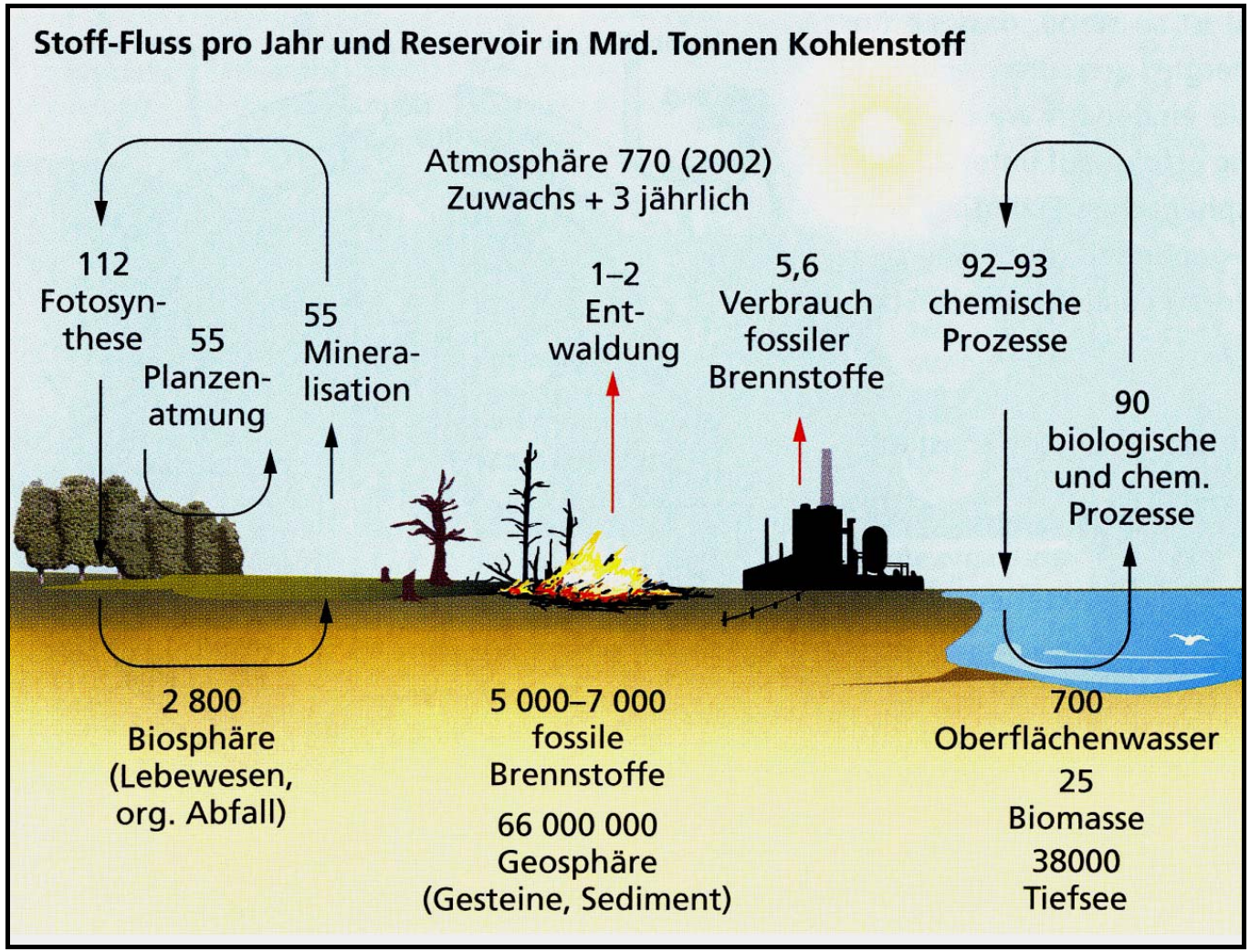Der Kohlenstoffkreislauf